



Massachusetts USA Wrestling presents the 6th Annual "IRONMAN SERIES" open to all ages. The champions will be determined by the outcome of three tournaments wrestled on Friday **May 15th**, **Saturday May 16th**, and **Sunday May 17th** at Natick High School in Natick, MA. Natick HS is located at 15 West Street, Natick, MA.

The top two (2) MA wrestlers in each weight class in the CADET/JUNIOR & GIRLS division qualify to wrestle on the MA Jr. National Team that will travel to the USA CADET/JUNIOR NATIONALS (the biggest wrestling tournament in the WORLD). *Wrestlers win the IRONMAN title by having the highest combined score of the three tournaments. Wrestlers must compete in at least 2 of 3 tournaments to qualify for the IRONMAN title. Scores of all tournaments wrestled will be used to determine the IRONMAN Champion. Massachusetts Wrestlers who placed in the 2009 All-State Championship and top 2 in the IRONMAN will receive a \$250 credit toward their trip to the '09 USA Wrestling Nationals in Fargo North Dakota.*

Medals will be awarded to the top three place finishers of each individual tournament. **Top quality awards** will be presented to the TOP finisher in each weight class of the OPEN, CADET/JUNIOR, GIRLS 8-12, and KIDS division of the "IRONMAN SERIES." Wrestlers score points by placing top 5 in the individual tournaments. The point scoring system will be tracked according to the chart below. Wrestling will take place on 4 mats. Matches will be wrestled in three, 1.5-minute periods starting from neutral.



May 15 th Tournament - Takedown:	1 st place – 5pts, 2 nd place – 4pts, 3 rd place – 3pts, 4 th place – 2pts, 5 th place – 1pt
May 16 th Tournament - Freestyle:	1 st place – 7pts, 2 nd place – 6pts, 3 rd place – 5pts, 4 th place – 2pts, 5 th place – 1pt
May 17 th Tournament - Folkstyle:	1 st place – 9pts, 2 nd place – 8pts, 3 rd place – 7pts, 4 th place – 2pts, 5 th place – 1pt

Weigh-ins will take place from 3PM-5PM on Friday, May 15, 2009. Wrestlers only weigh-in only once. Weigh-ins for wrestling competing in individual tournaments will take place on Saturday and Sunday morning from 7-8AM. Wrestling will begin at approximately 6PM Friday night. Concessions and shirts will be on sale. All wrestlers must have a USA Wrestling Card to compete. Cost per individual tournament will be \$30/tournament. Admission to the series will be \$5 for children and \$10 for adults. Admission is good for all three days of the event.

DAY OF REGISTRATION \$90/series with up to date USA membership
or SAVE \$30
PRE-REGISTRATION \$60/series with up to date USA membership

All competitors must have USA Wrestling Cards. Cards will be available on site for \$30.
Cards can be purchased online at www.themat.org.

Name: _____ State Place Finish: _____ USA Card #: _____
 Weight class: _____ Grade: _____ Phone: _____
 Male or Female: _____ Date of Birth: _____ Email: _____

My child has permission to compete in the 6th Annual USA Wrestling 2009 IRONMAN Series.
 I have no knowledge of any physical impairment that would be affected by my child's participation in wrestling competition.
 I acknowledge that at this competition my child will participate in a sport that will involve contact of the body with other persons or objects including the mat where he/she may incur the risk of injury or even death.
 I specifically, fully and forever waive and release MA USA Wrestling and the TOWN OF NATICK, owners and staff from liability or claims for damages my child may sustain in competition and in his/her travel to and from said competition.
 In the event of an emergency, I authorize the staff of MA USA WRESTLING to obtain for him/her necessary medical treatment
 PARENT/GUARDIAN SIGNATURE: _____ DATE: _____

Questions: Contact Aaron Polansky @ apolansky@charter.net or (508) 248-9056

Mail Registration form with check payable to MA USA Wrestling to:

Aaron Polansky, Director
 MA USA Wrestling - 2009 IRONMAN Series
 197 Flint Road
 Charlton, MA 01507