



Massachusetts USA Wrestling presents the 7<sup>th</sup> Annual "IRONMAN SERIES" open to all ages. The champions will be determined by the outcome of three tournaments wrestled on Friday **May 21<sup>st</sup>**, **Saturday May 22<sup>nd</sup>**, and **Sunday May 23<sup>rd</sup>** at a Wadsworth Wrestling Club, 40 Kenwood Circle, Franklin, MA.

**The top two (2) Massachusetts wrestlers in each weight class in the CADET/JUNIOR & GIRLS division qualify to wrestle on the MA Jr. National Team that will travel to the USA CADET/JUNIOR NATIONALS (the biggest wrestling tournament in the WORLD).** *Wrestlers win the IRONMAN title by having the highest combined score of the three tournaments. Wrestlers must compete in at least 2 of 3 tournaments to qualify for the IRONMAN title. Scores of all tournaments wrestled will be used to determine the IRONMAN Champion. Massachusetts Wrestlers who place top 2 in the IRONMAN will be applicable for financial assistance (\$250) toward their trip to the '10 USA Wrestling Nationals in Fargo North Dakota. Conditions do apply.*

Medals will be awarded to the top three place finishers of each individual tournament. **HUGE TROPHIES** will again be presented to the TOP finisher in each weight class of the OPEN, CADET/JUNIOR, and KIDS division of the "IRONMAN SERIES." Wrestlers score points by placing top 5 in the individual tournaments. The point scoring system will be tracked according to the chart below. Wrestling will take place on 4 mats. Matches will be wrestled in three, 1.5-minute periods starting from neutral.

May 21<sup>st</sup> Tournament - Takedown: 1<sup>st</sup> place – 5pts, 2<sup>nd</sup> place – 4pts, 3<sup>rd</sup> place – 3pts, 4<sup>th</sup> place – 2pts, 5<sup>th</sup> place – 1pt  
 May 22<sup>nd</sup> Tournament - Freestyle: 1<sup>st</sup> place – 7pts, 2<sup>nd</sup> place – 6pts, 3<sup>rd</sup> place – 5pts, 4<sup>th</sup> place – 2pts, 5<sup>th</sup> place – 1pt  
 May 23<sup>rd</sup> Tournament - Folkstyle: 1<sup>st</sup> place – 9pts, 2<sup>nd</sup> place – 8pts, 3<sup>rd</sup> place – 7pts, 4<sup>th</sup> place – 2pts, 5<sup>th</sup> place – 1pt

Weigh-ins will take place from 3PM-5PM on Friday, May 21, 2010. Wrestlers only weigh-in only once. Weigh-ins for wrestling competing in individual tournaments will take place on Saturday and Sunday morning from 7-8AM. Wrestling will begin at approximately 6PM Friday night. Concessions and shirts will be on sale. All wrestlers must have a USA Wrestling Card to compete. Cost per individual tournament will be \$30/tournament. Admission to the series will be \$5 for children and \$10 for adults. Admission is good for all three days of the event.

DAY OF REGISTRATION \$90/series with up to date USA membership  
**or SAVE \$30**  
 PRE-REGISTRATION \$60/series with up to date USA membership  
 All competitors must have USA Wrestling Cards. Cards will be available on site for \$30.  
 Cards can be purchased online at [www.themat.org](http://www.themat.org).

### REGISTRATION FORM – 7<sup>th</sup> Annual Ironman

Name: \_\_\_\_\_ State Place Finish: \_\_\_\_\_ USA Card #: \_\_\_\_\_  
 Weight class: \_\_\_\_\_ Grade: \_\_\_\_\_ Phone: \_\_\_\_\_  
 Male or Female: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Email: \_\_\_\_\_

My child has permission to compete in the 7<sup>th</sup> Annual USA Wrestling 2010 IRONMAN Series. I have no knowledge of any physical impairment that would be affected by my child's participation in wrestling competition. I acknowledge that at this competition my child will participate in a sport that will involve contact of the body with other persons or objects including the mat where he/she may incur the risk of injury or even death.

I specifically, fully and forever waive and release MA USA Wrestling and Wadsworth Wrestling Club, owners and staff from liability or claims for damages my child may sustain in competition and in his/her travel to and from said competition. In the event of an emergency, I authorize the staff of MA USA WRESTLING to obtain for him/her necessary medical treatment

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

Questions: Contact Aaron Polansky at [aaronpolansky@gmail.com](mailto:aaronpolansky@gmail.com) or (508) 248-9056

Register online at [www.shop.thewrestlinggame.net](http://www.shop.thewrestlinggame.net)  
**or**  
 Mail Registration form with check payable to MA USA Wrestling to:

Aaron Polansky, Director  
 MA USA Wrestling - 2010 IRONMAN Series  
 197 Flint Road  
 Charlton, MA 01507